

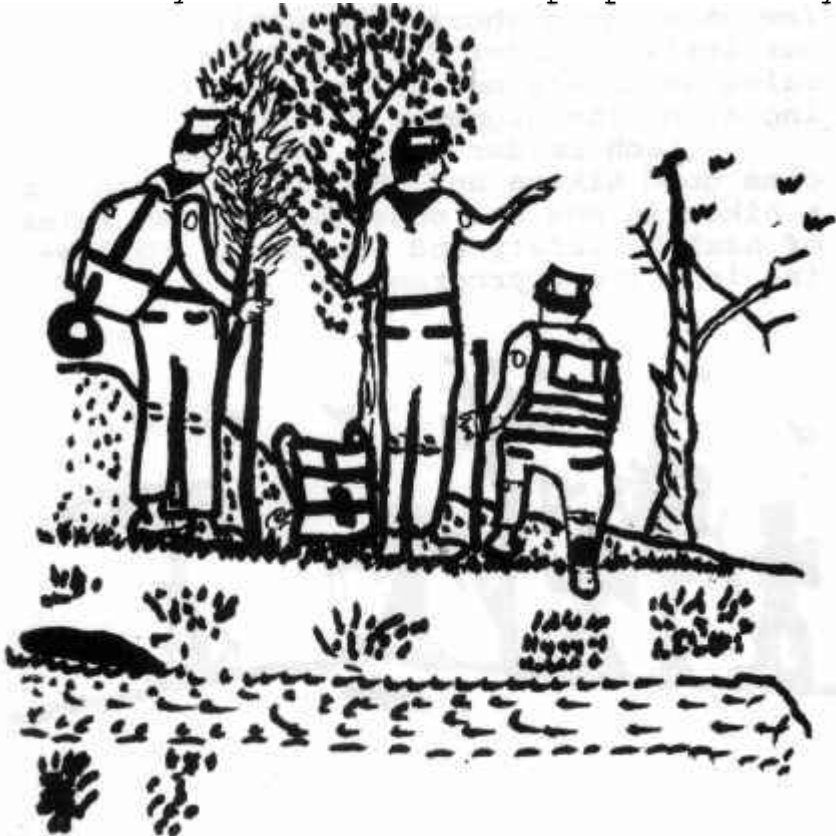


Overnite Hike
or
Camping
CHAPTER 5

TROOP HIKES!

The out-of-door life, the wonders of "Mother Nature" in all her splendor is never noticed more fully and with as much acceptance as are the fields, the woods, mountains and streams when the boy steps off with his troop on that hike!

But first we must get to this area that should have been planned and checked ahead. Then, of course, comes the food. Is it for a one-day hike or an over-night camp-out? What foods are boys to take for these? When there is a planned hike, and all is ready, a starting location is named by the Leader and a proper assembly



time. Years ago, we had to allow time for most travel by public conveyance, such as trolley car, buses or trains. This, in most cases, took two or three hours or a good portion of the single-hike day lost. But we did hike when we came to the end of the bus or trolley lines. Usually, three or four-mile hikes along a roadway led us to a patch of woods where we then left the road and started on our hike up the paths.

Today's travel is mostly done by auto from start to the hiking location or to the overnight camp-out and after all is set up, such as firewood, water, safe fireplace, then we are ready for a few games or a short hike until lunch. But let's consider first a few safety rules which are necessary if we do hiking along the highways or country roads.

Each Leader wants his boys to become good hikers and the first lesson for a hiker is one who observes all the rules of health, safety and courtesy. Following is a short program:

